

14.10.2023 - 20.10.2023

DolceVita & cuddling in autumn
Gourmet autumn & Riesling

Sat, 14.10.2023

Culinary arts	<p>07:30 - 11:00 Sweet temptation We welcome you this morning to the special breakfast sweet temptation!</p>	<p>13:00 - 16:00 Vitality Buffet with Live-Show Cooking</p>	<p>19:00 - 20:30 Gourmet dinner with Mediterranean antipasti buffet A typical Italian antipasti buffet!</p>	
Event region	<p>08:00 - 13:00 Weekly market in Naturno at the main square of Naturno</p> <p>10:00 - 16:30 Romanesque Day in the St. Prokulus church and the St. Prokulus Museum in Naturno. Free entrance</p>	<p>08:00 - 13:00 Farmer's market in Naturno Fresh products from local farms. At the Piazza Burgraviato.</p>	<p>10:00 - 18:00 Merano Grape Festival For the Grape Festival Weekend in Merano, there are various initiatives that take up the theme of culture, thanksgiving and customs with free admission.</p>	<p>10:00 - 17:00 Market in Lagundo on the church square of Algund</p>
(E)-Bike	<p>10:00 - 15:00 E-Mountainbike tour "Marlinger Berg" Km: about 42. Mm: about 1200 Costs: 25€ Registration at the reception.</p>			
Sport	<p>10:00 - 10:45 Good Vibes - Raise your vibration Meeting point: Fitness Meeting Point, in front of the gym</p>			
Wellness & Spa	<p>15:00 Warm up Aufguss in the wine sauna on the ground floor with 70°C.</p> <p>18:00 Diego, the caretaker Show Aufguss in the show sauna on the 3rd floor at 85°C.</p>	<p>16:00 Relax Aufguss in the show sauna on the 3rd floor with 85°C.</p>	<p>17:00 Classic Aufguss in the show sauna on the 3rd floor at 85°C.</p>	<p>17:30 Marble Scrub Peeling in the steam sauna on the ground floor at 45°C.</p>

Sun, 15.10.2023

Event hotel	<p>10:05 DolceVita excursion to the award-winning gardens of Trauttmansdorff Castle Meeting point: Reception Price:€ 30 + entrance fee Registration at the reception</p>		<p>21:00 - 23:00 "Karussell Music" with Tobias at the bar</p>	
Culinary arts	<p>07:30 - 16:00 Exclusive Sunday brunch We welcome you this morning for an exclusive Sunday brunch!</p>		<p>19:00 - 20:30 Fine Dining Gala Dinner</p>	
Event region	<p>10:00 - 18:00 Merano Grape Festival For the Grape Festival Weekend in Merano, there are various initiatives that take up the theme of culture, thanksgiving and customs with free admission.</p>		<p>10:00 - 17:00 Market in Lagundo on the church square of Algund</p>	
Sport	<p>09:00 - 11:00 Active counter Advice from our fitness coaches at the reception</p>	<p>11:15 - 12:00 AquaGym Meeting point: Fitness Meeting Point, in front of the gym</p>	<p>12:45 - 13:45 FUNctional Circuit Meeting point: Fitness Meeting Point, in front of the gym</p>	<p>14:00 - 14:30 Gentle Stretching Meeting point: Fitness Meeting Point, in front of the gym</p>
Wellness & Spa	<p>15:00 Warm up Aufguss in the wine sauna on the ground floor with 70°C.</p>	<p>16:00 Herbal Scrub Peeling in the steam sauna on the ground floor at 45°C.</p>	<p>17:00 Classic Aufguss in the show sauna on the 3rd floor at 85°C.</p>	<p>18:00 Sherlock Holmes Show Aufguss in the show sauna at 85° on the 3rd floor.</p>

Mon, 16.10.2023

Culinary arts	<p>07:30 - 11:00 Exotic fruit parade The fresh, fruity start to the day</p>	<p>13:00 - 16:00 Vitality Buffet with Live-Show Cooking</p>	<p>19:00 - 20:30 Gourmet dinner</p>	<p>22:00 - 22:30 Wine sales At the wine sale in our rock cellar behind the reception, our sommelier Mikko will be happy to advise you!</p>
Hiking	<p>10:00 Hike high above Parcines with the hiking guide Philipp hm: 350 Pure walking time: 3 h. Registration at the reception.</p>			
Event region	<p>08:00 - 13:00 Weekly market in Naturns at the town hall square and in the town hall street</p>	<p>10:00 Shuttle "Kreuzbrünnl" Registration at the reception. Costs: 10€ + 4€ with bike per ride Meeting point: parking lot center in Naturno</p>	<p>16:00 Bikeshuttle from Merano to Naturno Cost: €10 Registration at the reception. Meeting point : at the Terme Merano square</p>	<p>16:00 Shuttle "Kreuzbrünnl" - Naturno Registration at the reception! Costs: 10€+4€ with bike Meeting point: parking lot Kreuzbrünnl</p>
(E)-Bike	<p>09:30 - 15:00 E-MTB Propain Trail - Holzbruggrails Km:ca. 57. Hm: ca. 1000. Costs: 25€ Registration at the reception.</p>	<p>10:00 - 14:00 Technical training basic course Km: about 15. About 200. costs: 25,00 € Registration at the reception.</p>	<p>10:00 - 14:00 Pleasure bike tour: On the traces of the old Romans km: approx. 35. hm: approx. 230 Free of charge Registration at the reception</p>	<p>15:00 - 17:00 Open Monday afternoon at the training ground with Bike informations about tours and the weekly programm</p>
Sport	<p>08:00 - 08:45 AquaGym Meeting point: Fitness Meeting Point, in front of the gym</p> <p>14:45 - 15:30 Stretch&Relax Meeting point: Fitness Meeting Point, in front of the gym</p>	<p>09:00 - 11:00 Active counter Advice from our fitness coaches at the reception</p>	<p>11:15 - 12:00 Full Body Workout Meeting point: Fitness Meeting Point, in front of the gym</p>	<p>14:00 - 14:30 BodyBalance Meeting point: Fitness Meeting Point, in front of the fitness room</p>
Wellness & Spa	<p>11:00 Know more about Ayurveda Including Pada Abhyanga, an Ayurvedic foot massage. Meeting point: PreidSpa reception Duration: 15 minutes - Free of charge Limited availability! Registration at the spa reception until 10 a.m.</p> <p>17:30 Green Tea Scrub Peeling in the steam sauna on the ground floor with 45°C</p>	<p>15:00 Warm up Aufguss in the wine sauna on the ground floor with 70°C.</p> <p>18:00 Celtic Dream Show Aufguss in the show sauna at 85° on the 3rd floor.</p>	<p>16:00 Relax Aufguss in the show sauna on the 3rd floor with 85°C.</p>	<p>17:00 Classic Aufguss in the show sauna on the 3rd floor at 85°C.</p>

Tue, 17.10.2023

Event hotel	18:00 - 19:00 Cocktail Happy Hour "2 for 1" for selected cocktails at the hotel bar	21:00 - 23:00 Live music with Daniel at the bar		
Culinary arts	07:30 - 11:00 Bella Italia The Italian Breakfast	13:00 - 16:00 Vitality Buffet with Live-Show Cooking	19:00 - 20:30 South Tyrol Love Dinner with local dishes	22:00 - 22:30 Wine sales At the wine sale in our rock cellar behind the reception, our sommelier Mikko will be happy to advise you!
Event region	09:45 Bike shuttle from Naturno to Glorenza or Curon, Lake Resia Registration at the reception. Costs: up to Glorenza 15,00€ and up to Curon 20,00€. Meeting point at the reception	10:00 Shuttle Naturno - Castelbello - "Alte Säge" Registration at the reception. Costs: 10€ + 4€ with bike per ride Meeting point: parking lot center in Naturno		
(E)-Bike	09:30 - 13:00 Road Bike Tour Highlight Vinschgau Km: about 57. Hm: about 600m. Costs: 25,00 € Registration at the reception.	09:30 DolceVita E-Bike Tour in the Vinschgau Valley Meeting point: Reception KM: approx. 40 Meters in altitude: approx. 400. Costs: 25€. Registration at the reception.	09:30 - 15:00 E-mountain bike tour: The Vinschgau Panorama Sun Road km:about 45 HM: about 700 Costs: 25€ +15€ Bikeshuttle Registration at the reception desk	10:00 - 14:00 Technique Training advanced Km:about 20. Hm: about 300. Costs: 25€ Registration at the reception!
Sport	09:00 - 11:00 Active counter Advice from our fitness coaches at the reception	09:00 - 09:45 Good Vibes - Raise your vibration Meeting point: Fitness Meeting Point, in front of the gym	11:15 - 13:00 NordicWalkingTour Meeting point: Fitness Meeting Point, in front of the gym	12:30 - 13:30 Hatha yoga Meeting point: Fitness Meeting Point, in front of the gym
	13:30 - 14:30 FUNctional Circuit Meeting point: Fitness Meeting Point, in front of the gym	13:45 - 14:45 Yin Yoga Meeting point: Fitness Meeting Point, in front of the gym	16:15 - 17:15 Kundalini Yoga Meeting point: Fitness Meeting Point, in front of the gym	
Wellness & Spa	15:00 Warm up Aufguss in the wine sauna on the ground floor with 70°C.	16:00 Smoke Ritual Smoke ritual in the show sauna with 85°C on the 3rd floor.	17:00 Classic Aufguss in the show sauna on the 3rd floor at 85°C.	17:30 Cucumber & Mint Scrub Scrub in the steam sauna on the ground floor at 45°C.
	18:00 Let's Rock Show Aufguss in the show sauna on the 3rd floor at 85°C.			

Wed, 18.10.2023

Event hotel	<p>19:00 Jewellery exhibition "komma5" in front of the restaurant entrance. Jewellery by Mrs. Martina Schweitzer</p>			
Culinary arts	<p>07:30 - 11:00 Sparkling wine & fine salmon The breakfast for gourmets</p>	<p>13:00 - 16:00 Vitality Buffet with Live-Show Cooking</p>	<p>19:00 - 20:30 Gourmet dinner</p>	<p>22:00 - 22:30 Wine sales At the wine sale in our rock cellar behind the reception, our sommelier Mikko will be happy to advise you!</p>
Event region	<p>09:30 Shuttle Naturno - Pfossental Registration at the reception, the day before until 21:45! Cost: 10,00 Euro</p> <p>16:00 Shuttle Pfossental - Naturno Registration at the reception, the day before until 21:45! Cost: 10,00 Euro</p>	<p>10:00 Shuttle "Kreuzbrünnl" Registration at the reception. Costs: 10€ + 4€ with bike per ride Meeting point: parking lot center in Naturno</p> <p>16:30 Bike-Shuttle from the Lake Caldaro to Naturno Costs: 20,00 € Registration at the reception. Meeting point: bus parking lot Lido lake Caldaro</p>	<p>14:30 - 17:30 Autumn "Törggelen" Traditional Törggelen in the centre of Naturno with chestnuts, rustic desserts, new wine and live music.</p>	<p>16:00 Shuttle "Kreuzbrünnl" - Naturno Registration at the reception! Costs: 10€+4€ with bike Meeting point: parking lot Kreuzbrünnl</p>
(E)-Bike	<p>09:30 - 15:00 Sonnenberg Panorama-Trail Tour Km: about 43 Hm: about 1000 Costs: €25 Registration at the reception.</p>	<p>10:00 - 14:00 Technical training basic course Km: about 15. About 200. costs: 25,00 € Registration at the reception.</p>	<p>10:00 - 15:30 E-MTB Untervinschgauer Sonnenberg Tour km: about 44 HM: about 1000 Costs: 25€ Registration at the reception desk</p>	
Sport	<p>08:00 - 08:45 Sound Healing Meeting point: Fitness Meeting Point, in front of the gym</p> <p>13:00 - 13:45 TRX Workout Meeting point: Fitness Meeting Point, in front of the gym</p>	<p>09:00 - 11:00 Active counter Advice from our fitness coaches at the reception</p> <p>14:00 - 14:30 Sixpack training Meeting point: Fitness Meeting Point, in front of the gym</p>	<p>09:00 - 09:45 Belly Dance Meeting point: Fitness Meeting Point, in front of the gym</p>	<p>12:00 - 13:00 Hatha yoga Meeting point: Fitness Meeting Point, in front of the gym</p>
Wellness & Spa	<p>15:00 Warm up Aufguss in the wine sauna on the ground floor with 70°C.</p> <p>18:00 Time Machine - 50's 60's 70's Show Aufguss in the show sauna at 85° on the 3rd floor.</p>	<p>16:00 Classic Aufguss in the show sauna on the 3rd floor at 85°C.</p>	<p>17:00 Relax Aufguss in the show sauna on the 3rd floor with 85°C.</p>	<p>17:30 Fruit Scrub Scrub in the steam sauna on the ground floor at 45°C.</p>

Thu, 19.10.2023

Event hotel	21:00 - 23:00 Music with DJ Rizz at the bar			
Culinary arts	07:30 - 11:00 Breakfast Fit & healthy The vitality breakfast	13:00 - 16:00 Vitality Buffet with Live-Show Cooking	16:45 - 17:45 Wine tasting with our sommelier Mikko Meeting place: Wine cellar Registration at the reception	19:00 - 20:30 Sweet sins & seduction Olala! Dessert buffet de luxe
Hiking	10:00 Hike from Tell to Naturno with the guide Michl Meeting point: Reception Walking time: approx. 3,3 hours Altitude difference: 280m Registration at the reception			
Event region	08:00 - 12:30 Weekly market in Silandro Traditional weekly market in the village centre of Silandro with regional products, clothing, fruit, vegetables, etc.	09:45 Bike shuttle from Naturno to Glorenza or Curon, Lake Resia Registration at the reception. Costs: up to Glorenza 15,00€ and up to Curon 20,00€. Meeting point at the reception		
(E)-Bike	10:00 - 14:00 Technical training for advanced E-mountain bikers Km: about 25. Hm: about 600. Costs: 25€ Registration at the reception!	10:00 - 15:30 Pleasure E-bike tour Caldaro Lake - "The Most Beautiful Wine Villages of South Tyrol" km: about 46 hm: about 450. Price: 10€ + 15€ Bikeshuttle Registration at the reception.	10:00 - 13:30 Road Bike Tour- Highlight Merano and surroundings Km: about 65. Hm: about 500m. Costs: 25,00 € Registration at the reception.	
Sport	09:00 - 11:00 Active counter Advice from our fitness coaches at the reception	09:00 - 09:45 Good Vibes - Raise your vibration Meeting point: Fitness Meeting Point, in front of the gym	11:15 - 12:00 AquaGym Meeting point: Fitness Meeting Point, in front of the gym	12:45 - 13:45 FUNctional Circuit Meeting point: Fitness Meeting Point, in front of the gym
Wellness & Spa	14:00 - 14:30 Fascia Release Meeting point: Fitness Meeting Point, in front of the gym	14:00 - 15:00 Yin Yoga Meeting point: Fitness Meeting Point, in front of the gym	15:15 - 16:00 Yoga Flow Fitness Meeting Point, in front of the gym	
	15:00 Warm up Aufguss in the wine sauna on the ground floor with 70°C.	16:00 Smoke Ritual Smoke ritual in the show sauna with 85°C on the 3rd floor.	17:00 Classic Aufguss in the show sauna on the 3rd floor at 85°C.	18:00 Sweet Home Alabama Team Show Aufguss in the show sauna at 85° on the 3rd floor.

Fri, 20.10.2023

Culinary arts	07:30 - 11:00 South Tyrolean & regional The South Tyrolean breakfast	13:00 - 16:00 Vitality Buffet with Live-Show Cooking	16:45 - 17:45 Wine tasting with our sommelier Mikko Meeting place: Wine cellar Registration at the reception	19:00 - 20:30 Gourmet dinner
	22:00 - 22:30 Wine sales At the wine sale in our rock cellar behind the reception, our sommelier Mikko will be happy to advise you!			
Hiking	05:00 Sunrise tour at the "Rabensteiner Schupf" with hiking guide Reinald Altitude difference: 290 Pure walking time: 2 h Registration at the reception!			
Event region	08:00 - 13:00 Weekly market in Merano At the Prader square, next to the train station of Merano.	10:00 Shuttle "Kreuzbrünnl" Registration at the reception. Costs: 10€ + 4€ with bike per ride Meeting point: parking lot center in Naturno	16:00 Bikeshuttle from Merano to Naturno Cost: €10 Registration at the reception. Meeting point : at the Terme Merano square	16:00 Shuttle "Kreuzbrünnl" - Naturno Registration at the reception! Costs: 10€+4€ with bike Meeting point: parking lot Kreuzbrünnl
(E)-Bike	09:30 - 15:00 MTB "Burggrafen" Trails Km: 28 Hm:800 Costs: 20€ + 15€ Bikeshuttle Registration at the reception.	09:30 - 15:00 Burggrafen Trails Panorama E-MTB Tour Km: 35 Hm: 900 Costs: 20€ + 15€ Bikeshuttle Registration at the reception.		
Sport	08:00 - 08:45 Sound Healing Meeting point: Fitness Meeting Point, in front of the gym	09:00 - 11:00 Active counter Advice from our fitness coaches at the reception	09:00 - 09:45 Belly Dance Meeting point: Fitness Meeting Point, in front of the gym	11:15 - 12:15 FUNctional Circuit Meeting point: Fitness Meeting Point, in front of the gym
	13:00 - 13:45 ShoulderFree Meeting point: Fitness Meeting Point, in front of the fitness room.	14:00 - 15:00 Hatha yoga Meeting point: Fitness Meeting Point, in front of the gym	15:15 - 16:15 Kundalini Yoga Meeting point: Fitness Meeting Point, in front of the gym	
Wellness & Spa	15:00 Warm up Aufguss in the wine sauna on the ground floor with 70°C.	16:00 Pina Colada Scrub Peeling in the steam sauna on the ground floor at 45°C.	17:00 Classic Aufguss in the show sauna on the 3rd floor at 85°C.	18:00 Girl Power Team Show Aufguss in the Show Sauna at 85° on the 3rd floor.
	22:00 Sandmann Aufguss in the show sauna on the 3rd floor with 85° C.			



PREIDLHOF ROMANTIC EXTRAS

- VIP-Package Very in Love Persons:** 5 roses in your room, special decoration, erotic satin bedding (on request), exotic fruits, chocolates and a bottle of Prosecco to welcome you89.00 €
- I Love You-Package:** Loving welcome in your room with three roses, chocolate fruits and one bottle of rose Prosecco59.00 €
- Oh là là - the sinfully delicious chocolate fondue:** with fruits in the room39.00 €
- Sweet seduction:** the finest chocolate fruits from our very own patisserie.....35.00 €
- Cosy breakfast:** We will serve you our luxurious Preidlhof breakfast in bed! (order the day before)50.00 €
- Romantic dinner in your room:** We would be happy to serve you our romantic dinner in your room!150.00 €
- Dinner in the romantic lounge above the pool:** Wonderful ambience, candlelight, panoramic views and an exclusive dinner just for you!150.00 €
- Romantic dinner in our vinotheque:** Set against a candlelight backdrop, you will exclusively dine as a couple in our rustic vinotheque!150.00 €
- Flower power:** Small bouquet of flowers (order the day before).....50.00 €
- Flower Power premium:** Large bouquet of flowers70.00 €
- Body food surprise:** Sparkling extras - and something sweet for the whole body, served in your room. Whipped cream, strawberries, honey, ice cubes, 1 bottle of Rosé Prosecco39.00 €
- Private Sky-Pool:** Exclusive, just for the two of you: enjoy **exclusive access to the Infinity Sky Pool** from 11 pm to midnight! Surprise call in your room at 10.45pm. We accompany you from the room to the private pool - as a surprise. Experience pure togetherness against a backdrop of romantic music and candlelight until midnight. 1 bottle of Champagne (0.375 l) will be waiting for you.....170.00 €





FUNCTIONAL FITNESS HALL AT PREIDLHOF

The **first hotel functional hall in South Tyrol** was opened in the Sauna Tower⁶ on the 1st basement floor: Functional fitness is training with your own body weight. Functional training originated in high-performance sports with the aim of making professional athletes more resilient. **Our functional fitness equipment:** kettlebells, TRX slingtrainer, rope, plyoboxes, jump rope...

MORE WORK-OUT ROOMS:

- **Fit&Fun Cardio Fitness Pavilion** with the latest cardio equipment, directly by the outdoor pool
- **Meditation pavilion "Giardino"** for yoga, meditation etc., in the garden at the Sonnenschlössl



HRV-HEART RATE VARIABILITY WITH DR. ANGERER

Heart Rate Variability is a biofeedback tool that enables you to view your stress levels, your resilience and ability to overcome stress, and to gauge on a monitor how your various organs respond to the life you lead.

The HRV analysis provides valuable information on your quality of sleep, on the times in the day in which your energy is higher, and also provides interesting insights into your biological age relative to your actual age.

"People often get used to stress and tension. Through these engaging and interactive investigation methods, I have the opportunity to show what the most suitable living conditions should be to stay healthy" Dr. Angerer.

Duration: 25 minutes **Cost:** € 98.00

Consultation with Dr. Angerer:

Duration: 25 minutes **Cost:** € 98.00

Duration: 50 minutes **Cost:** € 196.00



PREIDL MEDSPA „THE PREIDLHOF WAY“

Your wellness retreat Preidlhof has been dedicated to creating restorative holidays in the picturesque Merano region for over 50 years.

The team of the Preidl Med Spa is committed to **preventative health and health promotion**, offering an array of treatments to enhance our guests' quality of life. **Our treatments are tailored to each of our guests' individual needs.**

Preidlhof wellness retreat in Italy represents a new form of luxury beyond the material. Guests leave feeling revitalized and reconnected not only with themselves, but also with the nature that surrounds them. Boundless joys await in a **new culture of mindfulness celebrating the miracle of life.**

As one of Italy's most luxurious wellness destination, **Preidlhof offers a wealth of opportunities for recovery and self-healing:** a healthy creative dining experience, an abundance of activities, personalised treatments by exceptionally skilled therapists, and plenty of private space for relationships to unfold make your wellness retreat in Italy exceptional. Guests profit from our holistic and sustainable approach also in our health talks or workshops, designed by experts to equip participants with the knowledge required to **recreate the Preidlhof wellness experience at home.**

At the Preidlhof wellness retreat, health awareness and the joy of living combine in a sumptuous setting to create a wellness experience par excellence.



DEEP SEA RELAXATION ROOM

a technological innovation unique to Preidlhof

Preidlhof's Deep Sea Relaxation Room was designed by inventor and audiologist Daniel Lathan to boost the effectiveness of body treatments and promote relaxation. It received the European Health & Spa Award for Innovation. Give up interpretation to deeper relaxation and creativity. Explore the depths of the ocean and the vastness of the universe solely through light and sound.

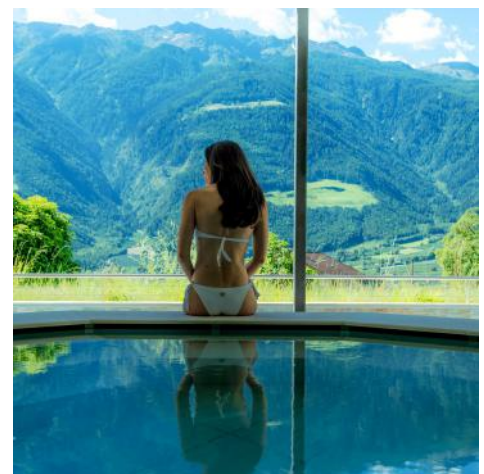
DEEP SEA is the culmination of Lathan's deep experience and knowledge in psychology, meditation, creativity, relaxation, design, and personal development.

Experience it for yourself!

Location: Sauna Tower, 1st floor

Duration: 15 minutes, **Cost:** €19.00

Tickets available at the reception or SPA reception





THE GARDENS OF TRAUTTMANSDORFF CASTLE AT MERANO

In the east of Merano lies this unique garden with pond landscape, promenades, pavilions and countless flowers and plants from all over the world. Trauttmansdorff Castle is enthroned in the middle of the gardens. Today it houses the Touriseum, which traces the history of tourism in South Tyrol.

30 min. from Preidlhof

<https://www.trauttmansdorff.it/en/>



CABLE CARS IN THE SURROUNDINGS

Unterstell - Naturno

Opening hours:

8am - 7pm

every half and full hour

Texelbahn - Parcines

Opening hours:

8am to 12pm and 1pm to 5pm

every half and full hour

Aschbach - Rablà

Opening hours:

8am to 12pm and 1pm to 7pm

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With us at the DolceVita Hotels, it's easy: you book your favourite hotel as a "base station" and enjoy the facilities and offers of all 5 DolceVita Hotels, quite simply and naturally. Just let us know at the reception if you like to enjoy Dinner Around or Wellness Around in an other DolceVita Hotel and we will book it for you!



BIKE INFORMATION

The rental of our city bikes & mountain bikes is free of charge!

For **e-bikes** (citybike and mountain bikes) a small fee of **23,00€ per bike/day** will be charged.

Together with the guides of the Ötzi Bike Academy we offer **mountain bike, city bike and road bike tours** with different levels of difficulty **several times a week**. From beginners to experienced cyclists, there is the right support for every level of training.

If you prefer to tour on your own, you will find numerous **tour tips** at the Active Counter. **GPS track uploads and GPS devices are available for hire at reception**. Please order them the day before at the reception.



CABRIO RENTAL

149,00€ per day + petrol



VESPA RENTAL

23,00€ per day + petrol



TRIKE RENTAL

79,00€ per day + petrol



QUAD RENTAL

29,00€ per day + petrol

For all vehicles, a timely reservation at the reception is required.

USEFUL DETAILS

Preidlhof Culinary:

Breakfast: 07.30 – 11.00
 Vitality buffet 13.00 – 16.00
 Dinner: 19.00 – 20.30

Dresscode:

We kindly ask our guests not to come to breakfast and dinner in their bathrobe and not to stay in their bathrobe at the hotel bar after 6pm. For dinner, we welcome elegant, discreet evening attire to emphasise the flair of the house. (no short trousers, no bathing sandals, no tracksuits).

Pillows à la carte:

15 different feel-good pillows and 6 different mattress pads to borrow (order at reception).

Better Sleep Basket

A special basket filled with various sleep aids - available on loan (please order it at the reception). Contents: E-book, music to relax to, a fragrance lamp a dream catcher, ear plugs...

Newspapers:

You can find a large selection of daily newspapers, magazines & journals online, free of charge :



WI-FI

Wi-Fi is free of charge and is available throughout of all the hotel grounds. The Wi-Fi is switched off between midnight and 7am to ensure healthy sleep. The Internet can be accessed via the cable next to the TV during this time.

Check-In: Our rooms are ready for check-in from 2pm.

Check-Out: We kindly ask you to vacate the room by 11am on the day of departure.

Preidlhof Souvenirs Shop:

next to the reception, open daily from 7am - 7pm.

All souvenirs that are not displayed in the shop (vinegar, oils, bacon, honey etc.) should be ordered at the reception until the evening before departure.



OPENING HOURS BEAUTY & SPA

Pools

Outdoor Summer Pool (29°).....	7am – 11pm
Outdoor Panorama Pool (35° - all-year).....	7am – 11pm
Outdoor Whirlpool by the Panorama Pool (34° - all-year).....	7am – 11pm
Outdoor Relax Pool (Dress-on pool at the "Schwarzbrennersauna" 29°).....	7am – 11pm
Private Outdoor SPA (Dress-on Whirlpools near the "Schwarzbrennersauna" 36°).....	7am – 11pm
Outdoor Whirlpool ("Zitronenhain" 37°).....	7am – 11pm
Indoor Termal Water Pool (31° - all-year, in our DolceVita Lodge).....	7am – 11pm
Outdoor Salt Water Pool (Sauna-Tower 36°all-year , 3% salt)	9am – 11pm
Sky-Infinity-Sportpool (29°).....	7am – 11pm
XXL Whirlpool on the Rooftop Spa.....	9am – 11pm

Indoor-Saunas in the Sauna-Tower⁶

Wine sauna (70°) Sauna Tower ground floor	9 am – 11pm
Steam bath (45°) Sauna Tower ground floor	9 am – 11pm
Element sauna (60°) Sauna Tower ground floor	9 am – 11pm
Salt lounge (35°) Sauna Tower first floor.....	9 am – 11pm
Show sauna (85°) Sauna Tower third floor.....	9 am – 11pm
Olive sauna (60°) Sauna Tower third floor.....	9 am – 11pm

Outdoor:

"Schwarzbrenner Sauna" (Dress-on-sauna 55-60°) near the outdoor Pool
 9am – 11pm

Preidl SPA & Preidl MedSPA8.30am – 7.30pm

Fitness room (near the outdoor Pool)
 & Functional Fitness Hall (in the Sauna Tower –1)7am – 11pm

